



Volunteering Guide

Philanthropy and Service



How can my chapter get involved with the Special Olympics?

Contact the Special Olympics:

- Go to <http://specialolympics.org> to find Special Olympics representatives and events in your area
- Sign up for the Special Olympics newsletter for your area to keep up on local/regional/state events

Volunteer at your local Special Olympics Program:

- *Level I:* Be Fans in the Stands! Go out to a local event and cheer on the Special Olympics athletes. Contact the local Special Olympics Program before to see if you can make signs for the competitors.
- *Level II:* Volunteer at a local event! Contact your local Special Olympics Program to find an upcoming event where you can volunteer for the day.
- *Level III:* Become a Coach! Contact your local Special Olympics Program and let them know you are interested in coaching. They will let you know what sports are currently offered for the season and will require you to fill out a few simple forms. Coaching Special Olympics athletes will be the best time you ever had volunteering!

Volunteer at your College/University:

- *Level I:* Join an existing Special Olympics volunteer effort on campus that might be organized by another student organization or campus entity.
- *Level II:* Start a Special Olympics College Chapter! These organizations can help students work for and with Special Olympics athletes. Contact socollege@specialolympics.org for more information.
- *Level III:* Start a Unified Sports team! Special Olympics Unified Sports® is an inclusive sports program that combines Special Olympics athletes (individuals with intellectual disabilities) and Unified Sports® partners (college students without intellectual disabilities) on teams for training and competition. Contact your local Special Olympics Program for more information.
- *Level III:* Host an event on Campus! You can host a Special Olympics games, practice, or fundraiser on campus. Contact your local Special Olympics Program and let them know you are interested in hosting an event on campus.

Spread the Word to End the Word
<http://r-word.org/>

Sigma Tau Gamma
A PATH OF PRINCIPLES